



The Children's Aid Foundation of Halton invites you to help spread the warmth of the season through our **Holiday DREAMS Program** for children, youth and families who have experienced trauma and loss and are receiving services from the Halton Children's Aid Society to recover, restore and thrive.

Here's how YOU can help...please consider the following options:

Financial Donations have the power to address ANY need.

Groups can create a fundraising page with ease through this link: [childrens-aid-foundation-of-halton | CharityProfile | Donate Online](#)

Gift Cards empower youth and help establish independence.

Suggested retailers & value \$25 - \$50

- * Grocery Stores
- * Shoppers Drug Mart
- * Walmart
- * Movie Passes, Fast Food
- * Amazon
- * Best Buy
- * Prepaid Visa & MasterCard

Donate directly on our website at www.cafh.ca or via the QR Code below & receive an immediate tax receipt.



Non-monetary suggestions align with specific needs of those with whom we work.

Personal Care Kit for teens and tweens.

Fill a backpack with:

- teen packs, toiletries - soap, shampoo, toothbrush/paste, deodorant
- hair care - brushes, dryers, straighteners, clippers, beard trimmer kits
- ear buds/headphones, portable speakers
- nail care kits, cozy blankets

Life Start Kit for youth transitioning into independent living.

Fill a laundry basket with:

- bath/hand towels, tea towels, dish cloths, oven mitts
- drinking glasses, mugs, cutlery, dishes, brooms, mops
- saucepans, frying pans, cookie sheets
- kettles, toasters, mixing bowls, chopping boards
- kitchen utensils - spatulas, whisks, wooden spoons
- colanders, reusable food containers, can openers
- bedsheets, comforters (all sizes), cozy blankets, pillows

Welcome Kit for newborns.

Fill a laundry basket or diaper bag with:

- diapers, baby wipes, washcloths, soaps
- cotton receiving blankets, cozy baby blankets
- newborn & infant clothing, baby carrier/sling
- rattles, infant toys, teething toys, baby thermometers

Comfort Kit for children and youth during challenging times.

Fill a backpack with:

- cozy blankets, fun/soft pillows
- toiletries - toothbrush, toothpaste, hairbrush etc.
- reusable water bottles
- pajamas, socks -all ages/genders
- child/adult activity i.e., colouring book/pencil crayons, puzzles
- gift cards for Tim Hortons, Subway, McDonalds, etc.



Education Kits - JK to Post-secondary.

Fill a backpack with:

- pencils, pens, highlighters, markers, pencil crayons, crayons
- lined paper, binders, pencil cases, locks
- reusable food containers, water bottles, Ziplock bags

Please contact us to arrange delivery or pick up of your donations on or before **December 12th.**

Our office is located at 1445 Norjohn Court, Unit #1 in Burlington

Reception Hours:

- Monday - Thursday 9am – 6pm
- Friday - 9am – 4pm

For more information, please contact:

Lisa Janssen, CAFH/Halton CAS Partnership & Program Development

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Visit our website www.cafh.ca to get to know us better!



“A community grows strong when people plant trees whose shade they will never sit in.”

Lori Casselman

Thank you for your consideration!